



Europass Curriculum Vitae

Personal information

Surname / First name

Fredi Micaela

Address

Telephone(s)

Fax

E-mail

Nationality

Italian

Place of work

ASST Spedali Civili and University of Brescia, 25123 Brescia, ITALY

EDUCATION AND TRAINING

Dates

November 2018-June 2022

Title of qualification awarded

PhD fellow in Biomedical Sciences and Translational Medicine

Name and type of organization providing
education and training

University of Medicine and Surgery, Brescia, Italy and University of Pavia, Pavia Italy

Dates

September 2015- September 2016

Title of qualification awarded

Master II Degree in Translational Rheumatology,

Name and type of organization providing
education and training

University of Trieste, Italy

Dates

May 2010 until May 2015

Title of qualification awarded

Fellowship in Rheumatology at the Rheumatology and Clinical Immunology Unit

Name and type of organization providing
education and training

Spedali Civili, Brescia and University of Pavia, Italy

Dates

September 2002-July 2009

Title of qualification awarded

Medical Doctor

Name and type of organization providing
education and training

University of Brescia, Italy

WORK EXPERIENCE

Dates

Since October 2025- ongoing

Occupation or position held

Researcher on tenure track, Department of Clinical and Experimental Sciences, University of Brescia.

Name and address of employer

Università degli Studi di Brescia

Dates

October 2022-September 2025

Occupation or position held

Researcher, Department of Clinical and Experimental Sciences, University of Brescia.

Name and address of employer

Università degli Studi di Brescia

Dates

July 2015-September 2022

Occupation or position held

Independent Rheumatology

Main activities and responsibilities

Reference Clinician for the "Lupus Clinic", Rheumatology Unit, ASST Spedali Civili of Brescia.

Name and address of employer

Rheumatology Unit, ASST Spedali Civili of Brescia

**PERSONAL SKILLS
AND COMPETENCES**

Mother Tongue	Italian
Foreign Languages	English
	Understanding/ Reading C2 Level
	Spoken interaction/Spoken Production C2 Level
	Writing C2
Foreign Languages	France
	Understanding/ Reading B2 Level
	Spoken interaction/Spoken Production B2 Level
	Writing B1
Job Related Skills	<p>Clinical experience in the field of diagnosis, treatment and follow-up of patients affected by systemic autoimmune diseases (connective tissue diseases including systemic lupus erythematosus, chronic arthritis). Involved in study of pathogenetic mechanisms of rheumatic diseases, laboratory assays validation.</p> <p>Member of Italian Society of Rheumatology (SIR) since 2015, and member of the following scientific group: "Early SLE group", " Neuropsychiatric SLE Group" of the Italian Society of Rheumatology (steering committee member), "Gender Medicine group (with the role of secretary since December 2024).</p> <p>Member of the European Lupus Society (SLEuro) since 2020 and principal tutor for the SLEuro Mentorship program since 2021. In 2022 co-author of the LUPUS WHITE BOOK project (chapter Pregnancy: SLE before, during and after pregnancy)</p> <p>Member of SLE and IIM Disease group of the "European Reference Network ReCONNECT network", member of ERN Transversal Working Group on Pregnancy and Family Planning; previous participant of the project ADAPTE SLE Clinical Practice Guidelines,</p> <p>Member of the EULAR ReHFaP Group (Reproductive Health and Family Planning)</p> <p>Principal Investigator of the project "Creazione del registro nazionale del blocco cardiaco congenito e lupus neonatale (registro Lu.Ne)" (Italian Registry on Congenital Heart Block and Neonatal Lupus Erythematosus), funding received from Italian Society of Rheumatology in 2015 (start of the project 1st July 2016-ongoing).</p> <p>Principal investigator and sub-investigator involved in national and international observational clinical studies about systemic autoimmune diseases (SLE, IIM and systemic sclerosis, systemic vasculitides) attested by oral communications and poster presentations in national and international meetings and paper published on international scientific journals.</p> <p>Previous and ongoing participation as sub investigator in International Randomized Clinical Trials for the development of new drugs in SLE and chronic arthritis</p> <p>Reviewers for several international Journals, Associate Editor for Frontiers in Medicine (rheumatology).</p> <p>Author/co-author of 132 publications on international journals indexed by PubMed.</p> <p>H-index: 23 (Scopus),</p> <p>Italian National Academic qualification as Associate Professor in Rheumatology in 2019 (MED/16)</p> <p>ORCID Number: 0000-0002-6511-4936</p>

"I authorize the use of my personal data in compliance with Legislative Decree 196/2003".
Brescia, 31 January 2026

Helela Fredi

Dear Colleagues,

I am writing to express my interest in joining the SLEuro Executive Committee. I am highly motivated to contribute my scientific expertise and collaborative approach to support the work of the Executive Committee in the coming years.

Over the past few years, I have had the opportunity to appreciate the activities promoted by SLEuro. The centre where I work has been a host institution for the training bursary programme since 2020, allowing us to welcome colleagues from other European centres and to engage in valuable scientific and professional exchange. In addition, several of my junior colleagues have participated in the various initiatives offered by SLEuro, including the training bursary programme and the advanced workshops.

My professional activity is primarily focused on the management of SLE and other autoimmune diseases, as well as on reproductive health and family planning in patients with rheumatic diseases. I have been working as the referent of the SLE clinic at our hospital since 2015 and have been actively involved in national and international projects. Furthermore, I have served as a coordinator for both national and international research initiatives.

If elected to the Executive Committee, I would be highly motivated to contribute to the ongoing activities of the Society and to actively support its goals and development. I am particularly enthusiastic about the opportunity to work closely with fellow committee members to further support the growth and impact of the SLEuro Society.

Thank you very much for considering my application.

Yours sincerely

Micaela Fredi